

Benefits of Energy-Efficient Task Lighting

Improve Comfort

Different tasks and different users can require significantly different levels of light, and therefore can't be accommodated by single-source overhead lighting schemes.

Task lighting is essential for ergonomic comfort by supplying the right amount of adjustable illumination for each user and task while reducing eyestrain, headaches, monitor glare, and other symptoms caused by poor office lighting.

Save Energy

When task lights are implemented at each workstation in an office, ambient lighting levels can be reduced. And when lower levels of overhead lighting are combined with energy-efficient task lights, the cost-savings can be significant.

