

Sync™



Connecting to Your Environment™

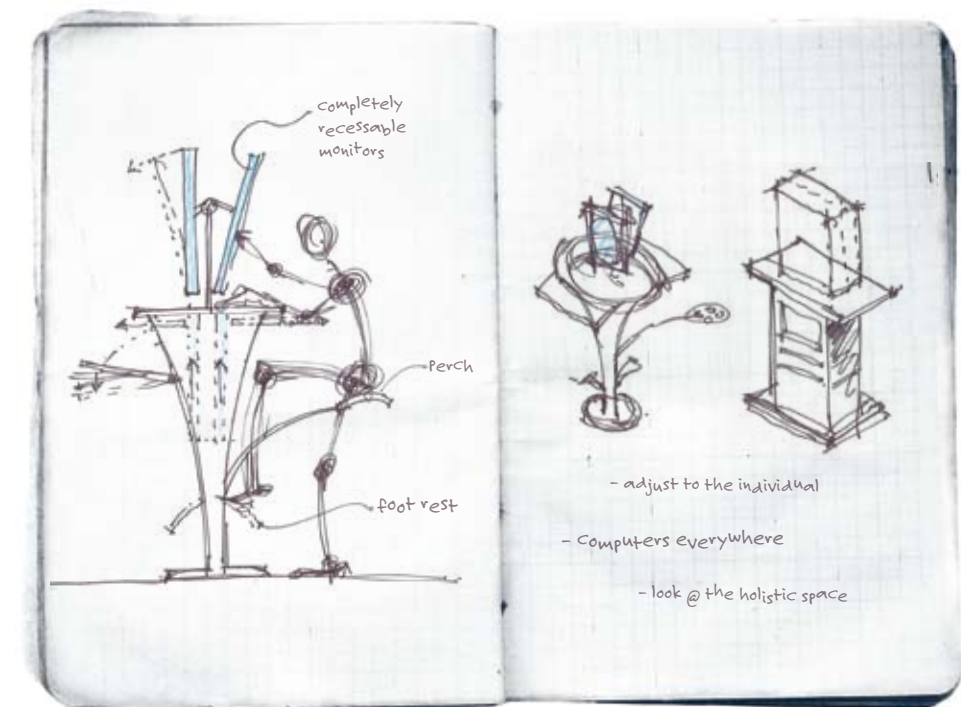
MODULAR SOLUTIONS

OBSERVATION: CAREGIVERS NEED MORE CARE.



In the current healthcare setting, workspaces are rarely available where and when they're needed. Any available surface becomes a work surface. Caregivers will work anywhere. On anything. By understanding the environment, the opportunity to improve workflow becomes clear. By improving workflow, the quality of care improves.

THE PROCESS Nurture researchers look at environments through the eyes of the user. The entire process is based on ethnographic research. By watching the user in their natural environment, we can learn more about how they work. We can then design a space with the caregiver in mind. Using the insights discovered the Nurture team worked in collaboration with a leading healthcare design firm to begin to improve the caregiver's environment.



DESIGN INSPIRATION With any Nurture design, the inspiration is centered around the user. Through studying the caregiver and understanding their day-to-day life, the design takes shape. By focusing on the caregiver's workflow, we can begin to improve the environment. To improve the environment, the Nurture team focused on four design needs: Collaboration, Efficiency, Adaptability and Ergonomics.

Collaboration Does this space allow for individual and team work? Does it encourage interaction? Does it embrace technology?

Efficiency Is this space designed around the caregiver's workflow?

Adaptability Can the solution keep up with changing technology and the needs of the space?

Ergonomics Does this space account for people of various sizes and work styles?

By answering these questions, we were able to begin the process of rethinking workstations and learning how to deliver care in a more effective manner.

INTRODUCING SYNC. Nurture's innovative solution to the caregiver station. Connecting people to their environment.

THE KEY TO A HEALING ENVIRONMENT IS A COLLABORATIVE ENVIRONMENT.



*The quality of space in a healthcare environment influences the quality of collaboration.
And the quality of collaboration influences the quality of patient outcomes.*

The caregiver station is a constantly moving, chaotic, fast-paced environment. Collaboration takes place on the fly, during shift changes, in the patient rooms and everywhere in between. Understanding these unique interactions was the foundation for Sync.

The Sync hub supports large groups with clear sight lines. The hub's serpentine surface allows staff to naturally gather together to share information, while still providing individual caregivers a place to work independently in the eye of the storm.

The Sync decentralized application, located just outside the patient's room, supports caregiver – patient connection. Being closer to the patient while collaborating with other staff, electronic medical records at hand, creates a better healing environment.



*Teaming area allows for group and individual work.
Decentralized station offers individual work close to the patient.*



AN EFFICIENT ENVIRONMENT WORKS FOR THE CAREGIVER.



Nurses and caregivers design their work around the space available, but it shouldn't be that way. Why can't a work station be designed around how caregivers work?

There's a constant struggle between caregivers and their surroundings. The delivery of care has evolved, but the environment hasn't. Nurses are in an environment that no longer works for them. It works against them, setting up obstacles at every turn.

Sync breaks down these barriers. With easy access from many entry points and three different surface heights, Sync works for the user. When a caregiver can interact with a space more naturally, the entire environment is more efficient.

The work process evolution is tied to technology. Sync's decentralized application puts technology at the caregiver's fingertips where they need it, when they need it. This cuts down on wasted footsteps. Saving footsteps saves time. Saving time creates a more effective caregiver.



*Sync puts technology at the caregiver's fingertips.
Open concept provides natural workflow.*



A WORKSPACE MUST BE ADAPTABLE TO THE ONE CONSTANT IN HEALTHCARE. CHANGE.



So many healthcare facilities have fortresses that aren't flexible to change. They quickly become outdated. Space needs to be adaptable. It can't be fixed or inflexible.

Technology continues to advance while fixed millwork keeps the workstation stagnant. This not only limits design, it limits future opportunities. Without knowing what is on the horizon, designers are left guessing at future needs.

Sync's modular design allows multiple configurations and reconfigurations in an existing environment. When a space changes, or technology advances, Sync adapts. Sync can be adapted to fit an existing or a new space.

This flexibility extends to emerging technology. Sync's open-ended design anticipates the needs of the future.



Technology stretcher manages cables and provides easy access to CPUs.

Adjustable monitor arm for easy maneuvering.



TO UNDERSTAND ERGONOMICS FOR MANY, THE INDIVIDUAL MUST BE CONSIDERED.



All healthcare facilities have one thing in common: no two caregivers are alike. There are short nurses, there are tall nurses. Some like to sit, others like to stand.



Adjustable technology accommodates caregivers of varying heights.

Foot-ring promotes changes in posture.

Care giving is physically demanding. Nurses are on their feet all day. Comfort is rarely considered. When they get to the workstation, they're greeted with a one-size-fits-all solution requiring another "workaround."

Because no two caregivers are alike and no two tasks are the same, Sync offers three different surface heights for sitting, standing and perching. This provides caregivers the opportunity to work where and how they prefer. Adjustable monitor arms adapt to the user. Not the other way around.

For nurses on the go, touch control height adjustment easily brings individual work surfaces to a comfortable height. A foot-ring enables caregivers to change their posture, providing a moment of respite.

By creating a more comfortable environment, we end up creating a less stressful environment. This encourages caregivers to focus on what's important. Helping the patient get better faster.



TECHNOLOGY is part of almost every healthcare interaction and Sync embraces the components and creates intuitive user interfaces.

COLLABORATION is vital in today's healthcare environments and the flowing shapes of the work surfaces encourage communication and allow interaction on all sides.

Intrinsic **ERGONOMIC DESIGN** supports the individual with foot-rings, adjustable monitor arms and the choice of heights.

MANAGING TECHNOLOGY by providing space for CPU storage and cord management is standard. The removable panel allows for easy access anticipating change over time.

Real estate is at a premium in the hallways and Sync provides individual and shared stations in a **SMALL FOOTPRINT** that adjust on site to the architectural details of the building.

Personal work styles require **TOOLS** where you need them, when you need them. Sync provides easy access to outlets, lighting and accessories keeping the surface areas uncluttered.

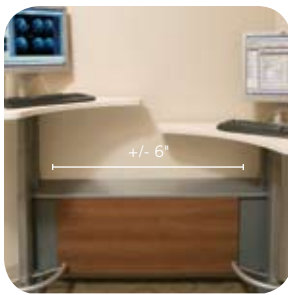
FEATURES & BENEFITS



Double-sided units designed for two different work surface heights, providing choice for user based on task, time and stature.



Surface shapes that support various tasks: interaction, process and transaction tops.



Double-leg and single-leg units are width adjustable on site to fit the given space, plus or minus six inches.



Touch control switch for work surface height adjustment (26"-45").



Add and remove adjustable monitor arms. Optional monitor handles for easy maneuvering and screen protection.



LED light illuminates the keyboard without disturbing the patient.



Slatwall for accessories and tools to support work process and free up work surface.



Foot-ring is standard on all 36" and 42" high units, as well as adjustable units.



Built-in cord management keeps cables managed and out of the way.



Technology stretcher manages technology in one place. Straps included with each unit mount multiple CPU's.



Attaches to the floor, creating a stable unit with free leg space.

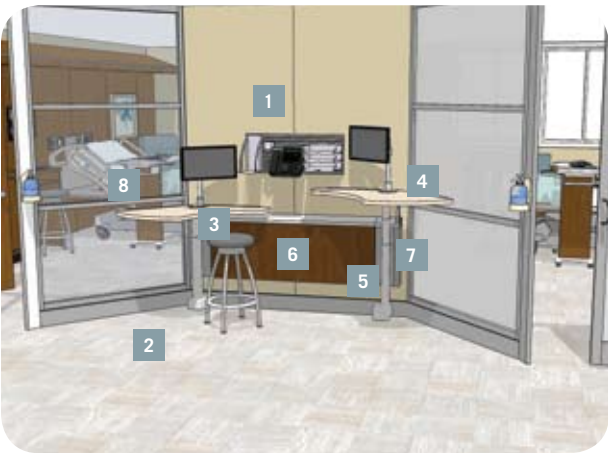


Units are designed for hard-wiring in the field to meet the power requirements of each application.

PLANNING IDEAS



CENTRALIZED APPLICATION 1) Clear sightlines throughout the space 2) Fewer architectural walls required 3) Ability to create individual workspaces in tight spaces 4) Clear paths through space 5) Works in conjunction with other modular furniture elements 6) Multiple working heights to support worker preferences 7) Easy access for ADA



DECENTRALIZED APPLICATION 1) Efficient use of space 2) Gets workers out of hallways 3) Supports individual work 4) Shape of work surface supports collaboration between workers 5) Adjustable units support worker preference 6) Technology stored out of sight 7) Incremental adjustment allows the full niche to be used 8) 135° and 90° options provide for architectural features

With Sync's multiple configurations and applications, the opportunities are endless. For a comprehensive portfolio of planning ideas to inspire your next project explore Design Tools at nurture.com.

STATEMENT-OF-LINE

<p>DOUBLE-SIDED BASES</p> <p>SINGLE-SIDED BASES</p> <p>HEIGHT: 28.5", 36", 42" WIDTH: 72", 84" 96", 108" Designed for two different height work surfaces</p>	<p>DOUBLE LEG BASES</p> <p>SINGLE LEG BASES</p> <p>HEIGHT ADJUSTABLE: 28.5", 36", 42" WIDTH: 60", 72" Designed for two work surfaces</p> <p>HEIGHT ADJUSTABLE: 28.5", 36", 42" WIDTH: 90" – 24", 135" – 26"</p>
<p>UPPER WORK SURFACES FOR USE WITH DOUBLE-SIDED BASES</p> <p>LOWER WORK SURFACES FOR USE WITH DOUBLE-SIDED BASES</p>	<p>WORK SURFACES FOR USE WITH SINGLE-SIDED BASES</p> <p>FULL ARC AND SCOOP WORK SURFACES FOR USE WITH LEG BASES</p>



CONNECTING PATIENTS TO A BETTER RECOVERY.

When an environment is built around the user, caregivers are given the chance to work together, with the opportunity to involve the patient and partners-in-care. By adding in technology that's easy to access and adaptable, we can start to see the future of healthcare. We can see that it's all about caring for people. The people you work with. And your patients. That's what happens when you connect to your environment.

Patients can recover faster, and the staff can actually work better. All from just rethinking the way a healthcare environment operates.

NURTURE.COM