Tyde





With Tyde, Ronan and Erwan Bouroullec have developed a new range of height-adjustable tables. The technology is integrated into the tables carefully and discreetly, and ensures that Tyde can be used in all manner of environments, also in combination with other tables.

While sit-stand tables are generally only designed as single workstations, Tyde expands on this concept, introducing the benefits of working while sitting and standing to conference tables and team project tables.

Alternating between sitting and standing while working is healthy. Indeed, experts recommend that you spend 40 per cent of your time at your workstation standing and 60 per cent sitting. This prevents the health risks that arise from putting monotonous stress on the body, and is also good for the blood circulation. This, in turn, promotes concentration and performance.

Good open-plan offices are rooms full of energy and productivity. However, the distracting noise level in these offices is one much-criticised aspect. The aim, when developing office furniture, is thus to contribute as little as possible to this environmental noise, and to even reduce it. Tyde effectively tackles the problem of noise. Its height adjusting controls are electric and thus quiet, and are concealed by a noise-dampening cover beneath the table. Moreover, this cover, together with the newly-developed screens made of sound-absorbing polyester fleece, effectively dampen surrounding noise.

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## Tyde sit-stand table

Light oak veneer table top with finish in natural wood look
With 3D screen, cable tube and cable tray made of polyester fleece in sea blue



## Tyde sit-stand table

MDF table top, powder coated in basic dark with slanted table edge

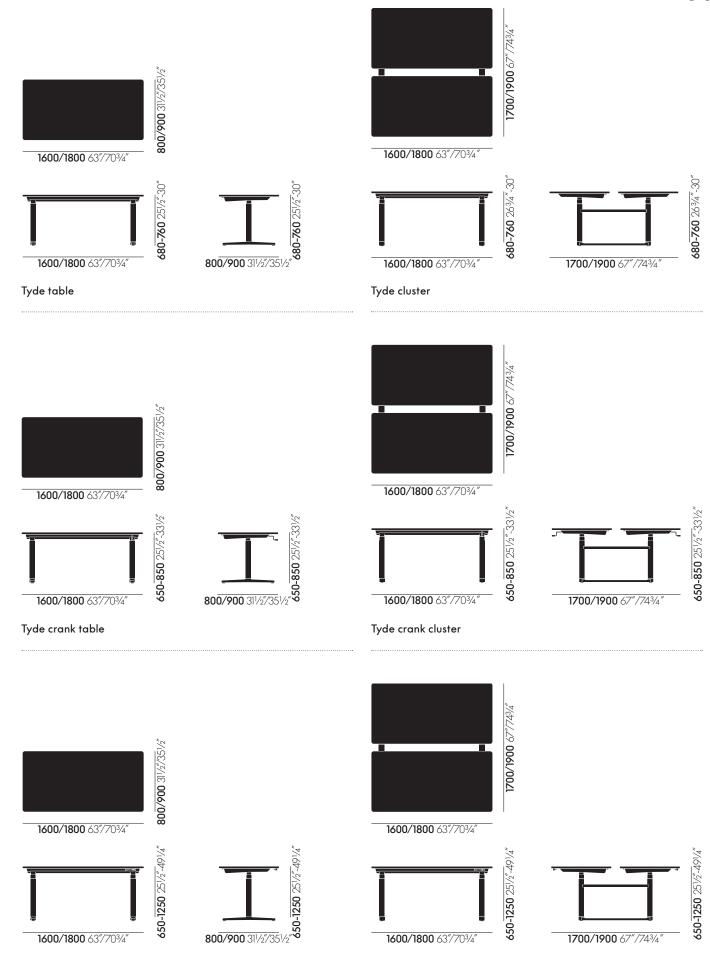


## Tyde sit-stand cluster

Table top in soft light melamine, dividing wall and cable tray made of polyester fleece in light grey with technical beam, adapters for monitors and table lamps, file box and utensil tray

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Tyde sit-stand cluster

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## **SURFACES AND COLOURS**



