

MIX-IT TASK SEATING

ERGONOMIC FEATURES+ADJUSTMENTS

SYNCHRONOUS TILT CONTROL

MESH BACK

LUMBAR*

Lumbar adjusts to your desired comfort level and supports your lower back.

Simply lift and lower the lumbar pad.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Pull handle out, then turn forward to increase tension or turn backward to reduce tension.

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

SYNCHRONOUS TILT CONTROL MECHANISM

In synchronous tilt, the backrest and seat pan of a chair recline at a different ratio. For every 2° of back recline, the seat angle tilts 1° (2:1 ratio) as you lean back. This minimizes the seat pan rise as you tilt, allowing your feet to remain on the floor while your gaze remains straight ahead.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.



ARMREST DEPTH/WIDTH/PIVOT*

Adjust depth, width, and pivot of armrests to help relieve strain on neck and shoulders.

To adjust depth, grasp and move forward or backward.

To adjust width, grasp and move closer or further away from body.

To change angle, grasp and rotate toward or away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on front of the arms while moving arm up or down.

Release button to lock in place.

ARM WIDTH*

Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.

To adjust arm width, pull lever up while sliding arm toward or away from seat.

Release lever to lock into place.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in 5 different positions or be set to recline freely.

Rotate handle back to engage lock.

Rotate handle forward to disengage lock.

SEAT SLIDE*

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort.

With back against chair, pull lever up then slide seat forward or back.

Release lever to lock.

MIX-IT TASK SEATING

ERGONOMIC FEATURES+ADJUSTMENTS

KNEE TILT CONTROL

MESH BACK

LUMBAR*

Lumbar adjusts to your desired comfort level and supports your lower back.

Simply lift and lower the lumbar pad.

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in an upright position or be set to recline freely.

Push lever in to engage lock.

Pull lever out to disengage lock.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Turn knob counterclockwise to increase tension.

Turn knob clockwise to reduce tension.

KNEE TILT CONTROL MECHANISM

Knee tilt chairs provide full adjustment support for multiple tasks. The pivoting point is located near the very front of the seat, resulting in a wide-angle tilt that allows your feet to stay flat on the floor when the chair is tilted backward.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.



ARMREST DEPTH/WIDTH/PIVOT*

Adjust depth, width, and pivot of armrests to help relieve strain on neck and shoulders.

To adjust depth, grasp and move forward or backward.

To adjust width, grasp and move closer or further away from body.

To change angle, grasp and rotate toward or away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on front of the arms while moving arm up or down.

Release button to lock in place.

ARM WIDTH*

Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.

To adjust arm width, pull lever up while sliding arm toward or away from seat.

Release lever to lock into place.

SEAT SLIDE*

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort.

With back against chair, pull lever up then slide seat forward or back.

Release lever to lock.

MIX-IT TASK SEATING

ERGONOMIC FEATURES+ADJUSTMENTS

SYNCHRONOUS TILT CONTROL

UPHOLSTERED BACK

BACK HEIGHT

Raise or lower backrest to a position that best supports your lumbar.

While seated, grasp chair back and lift with both hands.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Pull handle out, then turn forward to increase tension or turn backward to reduce tension.

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

SEAT SLIDE*

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort.

With back against chair, pull lever up then slide seat forward or back.

Release lever to lock.

ARMREST DEPTH/WIDTH/PIVOT*

Adjust depth, width, and pivot of armrests to help relieve strain on neck and shoulders.

To adjust depth, grasp and move forward or backward.

To adjust width, grasp and move closer or further away from body.

To change angle, grasp and rotate toward or away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on front of the arms while moving arm up or down.

Release button to lock in place.

ARM WIDTH*

Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.

To adjust arm width, pull lever up while sliding arm toward or away from seat.

Release lever to lock into place.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in 5 different positions or be set to recline freely.

Rotate handle back to engage lock.

Rotate handle forward to disengage lock.

SYNCHRONOUS TILT CONTROL MECHANISM

In synchronous tilt, the backrest and seat pan of a chair recline at a different ratio. For every 2° of back recline, the seat angle tilts 1° (2:1 ratio) as you lean back. This minimizes the seat pan rise as you tilt, allowing your feet to remain on the floor while your gaze remains straight ahead.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.

NATIONAL®

TOLL FREE 800.482.1717
WEB NATIONALOFFICEFURNITURE.COM

MIX-IT TASK SEATING

ERGONOMIC FEATURES+ADJUSTMENTS

KNEE TILT CONTROL

UPHOLSTERED BACK

BACK HEIGHT

Raise or lower backrest to a position that best supports your lumbar.

While seated, grasp chair back and lift with both hands.

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in an upright position or be set to recline freely.

Push lever in to engage lock. Pull lever out to disengage lock.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Turn knob counterclockwise to increase tension.

Turn knob clockwise to reduce tension.

ARMREST DEPTH/WIDTH/PIVOT*

Adjust depth, width, and pivot of armrests to help relieve strain on neck and shoulders.

To adjust depth, grasp and move forward or backward.

To adjust width, grasp and move closer or further away from body.

To change angle, grasp and rotate toward or away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on front of the arms while moving arm up or down.

Release button to lock in place.

ARM WIDTH*

Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.

To adjust arm width, pull lever up while sliding arm toward or away from seat.

Release lever to lock into place.

SEAT SLIDE*

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort.

With back against chair, pull lever up then slide seat forward or back.

Release lever to lock.

KNEE TILT CONTROL MECHANISM

Knee tilt chairs provide full adjustment support for multiple tasks. The pivoting point is located near the very front of the seat, resulting in a wide-angle tilt that allows your feet to stay flat on the floor when the chair is tilted backward.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.

MIX-IT TASK STOOL

ERGONOMIC FEATURES+ADJUSTMENTS

SYNCHRONOUS TILT CONTROL

MESH BACK

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Pull handle out, then turn forward to increase tension or turn backward to reduce tension.

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

ADJUSTABLE FOOT RING

Raise or lower foot ring to provide support for legs and relieve uncomfortable pressure under thighs.

Press down on the plastic hub, lift foot ring up to unlock it, adjust to desired height, press plastic hub up to lock in place.



ARMREST DEPTH/WIDTH/PIVOT*

Adjust depth, width, and pivot of armrests to help relieve strain on neck and shoulders.

To adjust depth, grasp and move forward or backward.

To adjust width, grasp and move closer or further away from body.

To change angle, grasp and rotate toward or away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on front of the arms while moving arm up or down.

Release button to lock in place.

ARM WIDTH*

Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.

To adjust arm width, pull lever up while sliding arm toward or away from seat.

Release lever to lock into place.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in 5 different positions or be set to recline freely.

Rotate handle back to engage lock.

Rotate handle forward to disengage lock.

SYNCHRONOUS TILT CONTROL MECHANISM

In synchronous tilt, the backrest and seat pan of a chair recline at a different ratio. For every 2° of back recline, the seat angle tilts 1° (2:1 ratio) as you lean back. This minimizes the seat pan rise as you tilt, allowing your feet to remain on the floor while your gaze remains straight ahead.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.

NATIONAL®

TOLL FREE 800.482.1717
WEB NATIONALOFFICEFURNITURE.COM

MIX-IT TASK STOOL

ERGONOMIC FEATURES+ADJUSTMENTS

KNEE TILT CONTROL

MESH BACK

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in an upright position or be set to recline freely.

Push lever in to engage lock.

Pull lever out to disengage lock.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Turn knob counterclockwise to increase tension.

Turn knob clockwise to reduce tension.

ADJUSTABLE FOOT RING

Raise or lower foot ring to provide support for legs and relieve uncomfortable pressure under thighs.

Press down on the plastic hub, lift foot ring up to unlock it, adjust to desired height, press plastic hub up to lock in place.

KNEE TILT CONTROL MECHANISM

Knee tilt chairs provide full adjustment support for multiple tasks. The pivoting point is located near the very front of the seat, resulting in a wide-angle tilt that allows your feet to stay flat on the floor when the chair is tilted backward.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.



ARMREST DEPTH/WIDTH/PIVOT*

Adjust depth, width, and pivot of armrests to help relieve strain on neck and shoulders.

To adjust depth, grasp and move forward or backward.

To adjust width, grasp and move closer or further away from body.

To change angle, grasp and rotate toward or away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on front of the arms while moving arm up or down.

Release button to lock in place.

ARM WIDTH*

Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.

To adjust arm width, pull lever up while sliding arm toward or away from seat.

Release lever to lock into place.

MIX-IT TASK STOOL

ERGONOMIC FEATURES+ADJUSTMENTS

SYNCHRONOUS TILT CONTROL

UPHOLSTERED BACK

BACK HEIGHT

Raise or lower backrest to a position that best supports your lumbar.

While seated, grasp chair back and lift with both hands.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Pull handle out, then turn forward to increase tension or turn backward to reduce tension.

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

ADJUSTABLE FOOT RING

Raise or lower foot ring to provide support for legs and relieve uncomfortable pressure under thighs.

Press down on the plastic hub, lift foot ring up to unlock it, adjust to desired height, press plastic hub up to lock in place.

ARMREST DEPTH/WIDTH/PIVOT*

Adjust depth, width, and pivot of armrests to help relieve strain on neck and shoulders.

To adjust depth, grasp and move forward or backward.

To adjust width, grasp and move closer or further away from body.

To change angle, grasp and rotate toward or away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on front of the arms while moving arm up or down.

Release button to lock in place.

ARM WIDTH*

Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.

To adjust arm width, pull lever up while sliding arm toward or away from seat.

Release lever to lock into place.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in 5 different positions or be set to recline freely.

Rotate handle back to engage lock. Rotate handle forward to disengage lock.

SYNCHRONOUS TILT CONTROL MECHANISM

In synchronous tilt, the backrest and seat pan of a chair recline at a different ratio. For every 2° of back recline, the seat angle tilts 1° (2:1 ratio) as you lean back. This minimizes the seat pan rise as you tilt, allowing your feet to remain on the floor while your gaze remains straight ahead.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.

MIX-IT TASK STOOL

ERGONOMIC FEATURES+ADJUSTMENTS

KNEE TILT CONTROL

UPHOLSTERED BACK

BACK HEIGHT

Raise or lower backrest to a position that best supports your lumbar.

While seated, grasp chair back and lift with both hands.

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in an upright position or be set to recline freely.

Push lever in to engage lock. Pull lever out to disengage lock.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Turn knob counterclockwise to increase tension.

Turn knob clockwise to reduce tension.



ARMREST DEPTH/WIDTH/PIVOT*

Adjust depth, width, and pivot of armrests to help relieve strain on neck and shoulders.

To adjust depth, grasp and move forward or backward.

To adjust width, grasp and move closer or further away from body.

To change angle, grasp and rotate toward or away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on front of the arms while moving arm up or down.

Release button to lock in place.

ARM WIDTH*

Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.

To adjust arm width, pull lever up while sliding arm toward or away from seat.

Release lever to lock into place.

ADJUSTABLE FOOT RING

Raise or lower foot ring to provide support for legs and relieve uncomfortable pressure under thighs.

Press down on the plastic hub, lift foot ring up to unlock it, adjust to desired height, press plastic hub up to lock in place.

KNEE TILT CONTROL MECHANISM

Knee tilt chairs provide full adjustment support for multiple tasks. The pivoting point is located near the very front of the seat, resulting in a wide-angle tilt that allows your feet to stay flat on the floor when the chair is tilted backward.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.